

BATCH NO. 2023

Juicing in bulk, often called batch juicing, is something usually saved for people who



Celebrat 10gethe

Conn

are meal prepping or who want to save time by making a bunch of juice at once.

THIS PRACTICE ALSO WORKS GREAT FOR ENTERTAINING.

YOU CAN MAKE YOUR JUICES OR SMOOTHIES A DAY OR

TWO AHEAD OF GUESTS COMING OVER, WHICH WILL HELP

SAVE YOU TIME THE DAY OF YOUR PARTY.

4 STEPS TO BATCH JUICING

STEP ONE

To begin, create a shopping list so you know the exact amounts of fruits and veggies you'll need for your recipes. Don't forget to prioritize high-yield produce like apples, cucumbers, and lettuce when you decide what to serve. Select your holiday recipe, and make a shopping list. Download this template, and fill it in so you don't forget anything.

CLICK HERE

TO DOWNLOAD PRINTABLE SHOPPING LIST TEMPLATE

STEP TWO



Once you get home from the store, set aside some time to wash and prep your produce. You can peel and cut your citrus (lemons, limes, oranges, etc.) and gently scrub your apples,



STEP THREE

Now it's time to juice! If you're making multiple recipes, start with your lighter color juices like whites, greens, and yellows, and then move on to darker-colored juice recipes such as reds, purples, or oranges.



store

You can easily store your juices until you are ready to serve them. The best containers are glass or stainless-steel airtight containers. An extra large mason jar with a reusable lid or a pitcher with a sealed top are both great options. Fill your containers to the top to reduce air, and they will stay fresh in the fridge for 24-72 hours. Adding a little lemon or lime to your juices will also help preserve both the flavor and color of your drink.

TO STORE IN THE FREEZER

Leave 1/2-inch space from top to allow for liquid to expand when frozen. The juice will stay fresh for 72+ hours. Thaw frozen juices overnight in the refrigerator (the night before your event) or leave out on the counter for about 2 hours before serving. AND AND BOTTLE A BATCH OF YOUR FAVORITE JUICE TO BRING AS A GIFT TO YOUR NEXT HOLIDAY PARTY

CLICK HERE

TO DOWNLOAD PRINTABLE GIFT TAGS



THIS IS THE POWER

OF GATHERING:

IT INSPIRES US,

DELIGHTFULLY,

TO BE MORE HOPEFUL,

MORE JOYFUL,

MORE THOUGHTFUL:

IN A WORD,

MORE ALIVE.

- ALICE WATERS

ELEVATE YOUR DRINKS WITH

GARNISHES

THIS HOLIDAY

DEHYDRATING FRUIT LIKE CITRUS, APPLE, OR PINEAPPLE MAKE UNIQUE GARNISHES FOR YOUR DRINKS.

TO MAKE DEHYDRATED FRUIT

You'll want a sharp or serrated knife to thinly slice fruit.

Use a dehydrator for your fruit; some air fryers come with a dehydrator setting.

Arrange your fruit slices in a single layer on the tray and follow the instructions that come with your appliance for temperature and time recommendations.



YOU CAN ALSO USE AN OVEN

Simply turn it on to the lowest setting, add your fruit slices in a single layer on a parchment-lined baking sheet, and bake for 2-4 hours, checking on them every 30 minutes or so to flip them over.

TO STORE

Put your dehydrated fruit slices in a tightly sealed container

of your choice to store until you are ready to use them.

HERB & BERRY SKEWERS

Try raspberry and mint or blueberry and sprigs of thyme. To make your skewers, use a cocktail pick or toothpick to secure the mint. Add berries by skewering them onto the pick with mint interspersed. You can also attach sprigs of thyme through fresh blueberries, then add the blueberries onto a cocktail pick or toothpick.

A bartender trick is to use an odd number like 3 or 5 berries to make it look extra fancy.

QUICK PICKLE

Pickled garnishes look and taste great. Pickling is a process that preserves food with either brine (salty water) or vinegar. You can pickle almost anything, but some of the best pickles to add to a drink are beets, cucumbers, or radishes.

To make a quick pickle, pick your veggie, chop it to the size you desire, and then marinate it in apple cider vinegar, rice vinegar, or white vinegar. You can add salt and pepper and let it sit for 10-15 minutes. NO PARTY OR HOLIDAY GATHERING

IS COMPLETE

WITHOUT

SPECIAL GLASSES



FRENCH COUPE

Usually made with thick glass, these sturdy and versatile vessels are wonderful for serving cold, refreshing beverages including dessert drinks.

ROCKS GLASS

This short, round glass can hold 6 to 8 ounces of liquid. It's designed for drinks that are served on ice, also called "one the rocks," and is great for many classic cocktails, mocktails, and punches.

WINE GLASS

Typically, two types of wine glasses exist for red and white wines. Red wine glasses tend to be bigger, wider, and curvier to help the wine "breathe," and have more contact with oxygen. White wine glasses are more narrow with a longer stem, which is easier to hold. Both glasses are perfect for any kind of spritz, mimosa, or sangria.

COUPE

Nothing says 1920's Hollywood glam like a coupe. Its wide and shallow saucer makes it the perfect glass for chilled cocktails, frozen drinks, and anything bubbly. Serve any kind of holiday punch in this glass and you'll look like the most festive host.

MARTINI GLASS

This classic "V" shape always stands out. The long stem helps the glass to maintain a cold temperature while the wide rim helps create an aromatic drinking experience. Classic cocktails and punch look great in a martini glass along with any garnish mentioned in our guide.

FLUTE

This tall, slender glass is perfect for any bubbly drink and to showcase a beautiful garnish.

HIGH BALL, COLLINS GLASS

This tall glass is perfect for showing off eye-catching garnishes or decorative ice cubes. This glassware works well for punches or mocktails, or even to serve bubbly water with a fancy garnish. LARGE BATCH

JUICES & PUNCHES

FOR A CROWD

FESTIVE PUNCH **MAKES 72 OUNCES**

INGREDIENTS 2 pineapples 4 cups cranberries 2 lemons 36 ounces sparkling water 12 basil leaves, optional

GARNISH **Fresh slices of citrus Fresh cranberries** Rosemary

- 1. Wash all produce well.
- 2. Remove the skin from pineapple, and cut into chunks.



TO MAKE THIS PUNCH EXTRA FESTIVE, FREEZE LARGE ICE CUBES FILLED WITH CHOPPED FRUIT. SERVE EACH GLASS WITH ONE LARGE ICE CUBE, AND POUR THE PUNCH OVER IT. TOP WITH SOME FRESH MINT.

CELEBRATION

SANGRIA PUNCH MAKES 72 OUNCES

INGREDIENTS

- 5 red apples
- 2 oranges
- 5 limes
- 20 ounces sparkling water
- 12 sprigs fresh mint

2/17

BATCH NO. 0002

3 cups fresh raspberries, strawberries, and orange slices to fill the punch bowl

GARNISH

Mint

Large ice cubes with chopped fruit

- 1. Wash all produce well.
- **2**. Core and cut apples into the appropriate size for the juicer.
- 3. Peel oranges and limes.
- 4. Juice the apples, oranges, and limes and place in a punch bowl. Skim off any extra foam.
- **5.** Add the fresh raspberries, strawberries, and orange slices to the bowl.
- 6. When ready to serve, stir in the sparkling water.

HOT SPICED

WITH LEMON AND GINGER

MAKES 72 OUNCES

INGREDIENTS

- 8 lemons
- 14 apples
- 2-inch piece of ginger
- 2 cinnamon sticks
- 3 star anise
- 1 tablespoon maple syrup or coconut sugar, to taste

GARNISH Cinnamon stick

- 1. Wash all produce well.
- **2**. Peel the lemons and core the apples.
- 3. Juice the lemons, then the apples and ginger.
- 4. Place in a large saucepan, skimming off any foam from the juice.
- 5. Add the cinnamon sticks and star anise and warm over medium-low heat.
- 6. Allow the spices to steep for 20-30 minutes.
- 7. Taste, add a little maple syrup or coconut sugar if desired.
- 8. Remove the spices, then ladle into mugs for serving.



CHAI-SPICED HOT CHOCOLATE

MAKES: 72 OUNCES

Tip: Use any store-bought or homemade nut milk in place of the cashew milk if you're short on time. For an extra fun treat, top each drink with whipped coconut cream.

4/17

BATCH NO. 0004

CASHEW MILK

4 cups raw cashews4 cups filtered water6 dates, pits removed

RECIPE

3/4 cup coconut sugar 1/2 cup cacao powder 1/2 cup chai spice blend 3 tablespoons vanilla extract 6-8 cups cashew milk

GARNISH

Coconut sugar rim, optional Whipped coconut cream, optional



Note: If you are using premade milk, skip to step 5

CASHEW MILK

DIRECTIONS

FOR THE SPICE BLEND

3 tablespoons ground ginger

2 tablespoons ground nutmeg

1 tablespoon ground cloves

1 tablespoon cardamom

1 teaspoon freshly ground

1 tablespoon allspice

black pepper

2 tablespoons cinnamon

- Soak cashews in water for 8 hours or overnight. Cashews must be raw in order to get rehydrated to make milk.
- Remove pits from dates, then soak dates in warm water for 20-30 minutes to soften.
- 3. Drain and rinse cashews with fresh water.
- 4. Add cashews, dates, and equal parts fresh filtered water into the juicer. For best results, add ingredients through the hole in the hopper lid, while in the closed position and the juicer is ON.

- Place the coconut sugar, cacao powder, chai spice blend, and vanilla extract in a medium heavy-bottomed pot.
- 6. Whisk in a few tablespoons of the milk to form a paste.
- Turn on the heat to medium-low and continue to add milk until the spices are incorporated into the liquid, then whisk in the rest of the milk.
- 8. Bring to a simmer, then reduce heat and simmer gently for 5 minutes.
- **9.** Taste, adding more vanilla, spices, and sugar, if desired.
- 10. Remove from the heat and serve in a mug.

"Winter is not a season,

it's a celebration."

- ANAMIKA MISHRA

Tip: The juice can be made the night before and chilled, then stir in the sparkling water before serving. You can also freeze

half of the juice mixture in ice cube trays.

INGREDIENTS

12 mint leaves

3 large cucumbers

3 pineapples

4 limes

12-24 ounces sparkling water

GARNISH

Mint leaves Dehydrated lime

DIRECTIONS

- 1. Wash all produce well.
- 2. Remove the skin from pineapples, and cut into chunks.

3. Peel limes.

- **4.** Cut all ingredients into the appropriate size for the juicer.
- **5.** Juice the mint, cucumbers, pineapple, and limes.
- 6. Just before serving, place the juice and ice cubes in a punch bowl, then pour the sparkling water over the top. Stir, then serve into glasses.



RED HOLIDAY PUNCH

MAKES: 72 OUNCES

Tip: Serve alongside the green one if you're entertaining a big group! You use a lot of the same ingredients and can prepare it at the same time.

INGREDIENTS

GARNISH

3 pineapples 3 large beets 1¹/₂ large cucumbers 3 lemons 12-24 ounces sparkling water

Mint leaves **Dehydrated lime**



DIRECTIONS

- 1. Wash all produce well.
- 2. Remove the skin from pineapples and cut into chunks.
- 3. Peel lemons.
- 4. Cut all ingredients into the appropriate size for the juicer.
- 5. Juice the pineapples, beets, cucumbers, and lemons. Skim off any excess foam.
- 6. Just before serving, place the juice and ice cubes in a punch bowl, then pour the sparkling water over the top. Stir,

then serve into glasses.

6/17

BATCH NO. 0006

TROPICAL HOLIDAY MULE

MAKES: 64 OUNCES

Tip: This recipe replicates the kick of ginger beer by combining fresh ginger with sparkling water and fresh fruit juice. You use equal parts of these three juices, and add enough sparkling water to make it pop!

7/17

BATCH NO. 0007

INGREDIENTS

3 oranges

GARNISH Pearl skewer with pieces

of candied ginger

6 lemons of
1 pineapple
1/2 cup mint leaves
2-inch piece ginger
24-36 ounces sparkling water

- 1. Wash all produce well.
- **2**. Peel oranges and lemons.
- 3. Remove the skin from pineapples, and cut into chunks.
- 4. Cut all ingredients into the appropriate size and add to the juicer.
- **5.** Once juiced, add up to 36 ounces of sparkling water and serve.

8/17

BATCH NO. 0008

MEYER LEMON & ASIAN PEAR

PUNCH WITH GINGER

MAKES: 72 OUNCES

Tip: If you can't find the specific lemons and pears suggested, you can use whatever types are available at your local market. Also, it'd be super fun to make ice cubes with lemon slices in them. The ice cube liquid could simply

be made from the juice.

INGREDIENTS

- 5 Meyer lemons
- 8 Asian pears
- 3-inch piece of ginger
- 24 ounces sparkling water
- 2 tablespoons maple syrup, optional

GARNISH

Large ice cube with lemon slice Fresh or dehydrated lemon slices Rosemary sprigs

- 1. Wash all produce well.
- 2. Peel lemons.
- 3. Cut all ingredients into the appropriate size for the juicer and juice.
- 4. Pour the juice into a pitcher or punch bowl and skim off any excess foam.
- **5.** Taste the juice, adding maple syrup if desired.
- 6. Add up to 24 ounces of sparkling water to finish.

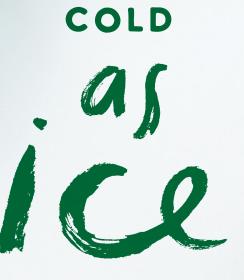


KEEP YOUR DRINKS COOL WITH ICE CUBES FILLED WITH FRESH HERBS, FRUITS AND VEGETABLES LIKE:



SLICED STRAWBERRIES LEMON SLICES SLICED CUCUMBERS

> FRESH ROSEMARY CRANBERRIES MINT LEAVES THYME SPRIGS RASPBERRIES BASIL LEAVES



Color your ice by adding



a little bit of a fresh cranberry, pomegranate, or cherry juice to them. Or make a green juice and add a splash of that to your ice cubes.

ICE RINGS

FOR BATCH DRINKS

YOU CAN MAKE ANY POT, BOWL, OR CONTAINER LOOK SUPER INVITING BY MAKING AN ICE RING.

START AT LEAST 24 HOURS BEFORE YOUR PARTY so the ring has plenty of time to freeze. Next, pick a container to make it in.

One of the best ways to make an ice ring is to use a Bundt pan, but you can also use an angel food cake pan, a round cake pan (with a cup in the center), a mixing bowl, or any other container that is safe for the freezer.

ADD SLICES OF LEMON, LIME, OR ORANGE. Any sliced fruit that tastes good in your punch will work well: apples, pears, berries, or pineapple chunks. You can even toss edible flowers in there or herbs like mint, cinnamon sticks, or star anise.

AFTER YOUR ICE RING IS FROZEN

remove it from the mold by simply holding the ice container inverted under hot water with a plate or your serving container underneath it, until it slides out.

You can also fill a big bowl with hot water and dunk the bottom of your container into the water for a few moments, and then invert the ring onto a clean plate and transfer to your punch bowl. Try adding a juice recipe in place of the water if you want something colored. MAKE SEVERAL ICE RINGS SO THAT YOU CAN REFILL YOUR BOWL EASILY THROUGHOUT THE NIGHT.

FESTIVE ICERINGS MAKES 1 RING

INGREDIENTS

6-8 cups of water

3 sliced citrus fruits, like lemon or oranges

1 cup raspberries, cranberries and/or strawberries

1 cup mint or sprigs of rosemary or thyme

- Fill a bundt pan halfway with water and let it sit in the freezer for a few hours until it's almost firm but still a little slushy.
- 2. Add your choice of garnishes: slices of citrus, cranberries, raspberries, or herbs like mint, rosemary, or thyme. Push them down into the slushy part so they don't all float to the top. Then, let the fruit set for at least an hour before filling the rest of the bundt pan to the top with water.
- 3. When you remove the ring from the freezer, flip it onto a plate. Run warm water over the top of the pan, and the ring will pop out of the mold onto the plate.
- 4. Freeze it until ready to use, or put it directly into a punch bowl and add the fresh juices and sparkling water to the bowl.

LARGE BATCH

BLENDS

FOR BRUNCH

SMOOTHIES ARE A GREAT BRUNCH IDEA AS THEY WILL ADD BEAUTIFUL COLOR TO ANY MORNING SPREAD, AND THEY ARE PACKED WITH FRUIT, VEGGIES, PROTEIN, AND

OTHER SUPERFOODS TO FUEL THE HUNGRIEST OF HOLIDAY GUESTS.

SWEET SWIRL **SMOOTHIE** MAKES: 32 OUNCES

DIRECTIONS

1. Wash all produce well.



BATCH NO. 00010

INGREDIENTS

2 medium sweet potatoes 1 beet

2 cups frozen pineapple
2 cups frozen mango
1 cup light coconut milk
1-inch piece of ginger
1-inch piece of turmeric

- 2. Peel beet.
- 3. Juice sweet potatoes and beets separately. You really only need about 1 cup of sweet potato juice and 1/4 cup of beet juice, but feel free to add more. Set beet juice aside.
- 4. Place the frozen fruit, sweet potato juice, coconut milk, ginger, and turmeric in a blender, and blend until smooth.
- 5. Pour a tablespoon of beet juice in the bottom of the glass and swirl it just a little to come about an inch up the sides.
- 6. Gently spoon the smoothie into the glass. The beet juice will start to come up the sides and swirl into the smoothie.
- 7. Top with more beet juice if desired, or stir with a spoon for more swirl effect before serving.

WINTER

GREEN SMOOTHIE MAKES: 32 OUNCES

Tip: If you have any leftovers, freeze them as cubes and pop them in the blender whenever you want a fresh smoothie!

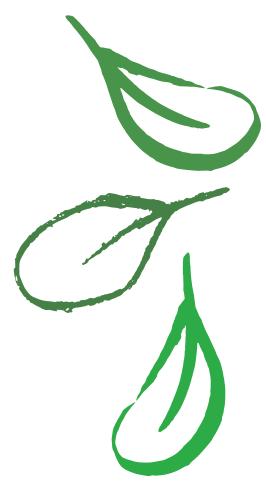
INGREDIENTS

- 6 cups packed spinach leaves 4 frozen bananas
- 2 cups nut milk
- 1 tablespoon honey
- 2 tablespoons lemon juice

1 cup ice

DIRECTIONS

- 1. Wash spinach leaves well.
- 2. Add all ingredients to a blender.
- 3. Blend until well combined, and serve.



GARNISH

Sprinkle of shredded coconut



MARGARITA

MAKES: 64-72 OUNCES

Tip: You will juice and blend this recipe. The idea is to make it a shaved ice texture, but you can also add more milk if you prefer it creamy.

INGREDIENTS

3 cups pineapple
4 limes
12 mint leaves
1-inch piece turmeric
16 ounces coconut milk
1-2 tablespoons honey
4 cups ice

GARNISH

Thin slice of lime for the rim of the glass

DIRECTIONS

- 1. Wash all produce well.
- 2. Remove the skin from limes and pineapples, and cut into chunks.
- 3. Juice pineapples, limes, mint leaves, and turmeric.
- 4. Then, place all of the ingredients in a blender carafe and blend on high speed until it's the texture of snow. You may have to do this in two batches.



12/17

BATCH NO. 0012

VEGAN EGGNOG MAKES: 64 OUNCES

Tip: This is a rich, decadent holiday drink on its own, but it is also delicious when used as the creamer for tea or coffee. Blend up a batch, and store it in the refrigerator for up to 3 days.

13/17

BATCH NO. 0013

INGREDIENTS

4 cups unsweetened almond or cashew milk
3 cups light or regular coconut milk
3/4 cup coconut cream
1/3 cup maple syrup
2 tablespoons vanilla extract
1 tablespoon cinnamon
1-2 teaspoon nutmeg, plus additional to sprinkle on top

GARNISH Sprinkle of nutmeg

- 1. Place all ingredients in a blender.
- **2**. Blend to combine.
- If serving cold, chill for a few hours before serving. If adding tea or coffee, serve in a pitcher alongside.

cocobeet SMOOTHIE

MAKES: 32 OUNCES

Tip: For an even healthier option, add a healthy dose of greens with 2 cups of spinach.

INGREDIENTS

2 oranges 2 beets 2 cups light coconut milk 12 fresh mint or basil leaves Honey, to taste 1 cup ice

- 1. Wash all fresh produce well.
- **2.** Peel oranges and beets.
- **3.** Juice oranges and beets.
- 4. Add orange and beet juice, coconut milk, mint or basil leaves, honey, and ice in a blender. Process until smooth.
- 5. Gently spoon the smoothie into the glass, and enjoy.



BEAT THE WINTER BLUES SMOOTHIE

MAKES: 32 OUNCES

INGREDIENTS

3 cups frozen berries 2 cups fresh spinach leaves 2-3 cups nut or oat milk 2 teaspoons honey 12 mint leaves 1 cup Greek yogurt per serving to swirl, optional

GARNISH

Frozen berries

DIRECTIONS

- 1. Place all ingredients in a blender, and process until smooth.
- 2. Gently spoon the smoothie into the glass.
- 3. Swirl in Greek yogurt if you want a thicker meal-like drink.

There's a certain 81ant of light, Winter Afternoons -

- EMILY DICKINSON



WARMING

JUICE-BASED DRINKS

FOR TWO

These warming juices make a great nightcap for the host of a party or for a few special friends who stay late to help clean up. These drinks can also assist you in winding down at the end of the night and help you sleep.



CHAI SPICED CIDER FOR TWO

MAKES: 24 OUNCES

16/17

BATCH NO. 0016

Tip: You can use the same chai spice blend from the Chai Spiced Hot Chocolate.

INGREDIENTS

- 2 apples
- 2 teaspoons Chai spice blend
- (see recipe see recipe on page 14)
- 2 teaspoons maple syrup or honey
- 2 cups water

DIRECTIONS

- 1. Wash all produce well.
- Core and cut the apples into chunks, then juice them.
- 3. In a small saucepan, whisk the spice blend and maple syrup to combine.

2 bags chai or black tea, such as Earl Grey

GARNISH Dried apple ring

- 4. Add a few tablespoons of the water and whisk to form a paste, then whisk in the remaining water and the fresh apple juice.
- 5. Bring the mixture to a simmer, then turn off the heat.
- Add the tea bags and allow them to steep for 3-5 minutes to reach your desired strength.
- 7. Discard the tea bags.
- 8. Taste, adding more sweetener or a little more spice blend if desired.
- 9. Divide between two mugs, and enjoy.

GINGER TONIC MAKES: 16 OUNCES

Tip: The "Tonic" mix is great to have on hand all winter long for an immunity-boosting, soothing drink. Make it ahead of time and freeze into large ice cube molds. When ready to enjoy, pour hot water over the ice, let it melt, and enjoy.

"TONIC" MIX

2 lemons

DIRECTIONS

1. Wash all produce well.

2-inch piece ginger2-inch piece turmeric1 teaspoon freshlyground black pepper

DRINK INGREDIENTS

1-2 tablespoons "tonic" mix
1 tablespoon apple cider vinegar
1-2 teaspoons honey
12 ounces hot water or tea

GARNISH

Lemon slice

- 2. Peel lemons.
- 3. Juice lemons, ginger, and turmeric.
- 4. Pour the juice through a fine-mesh sieve, and discard any extra pulp.
- 5. Stir in black pepper.
- Store the juice in a glass jar in the refrigerator for up to 5 days.
- To serve, pour a serving of the ginger and turmeric juice in a mug.
- 8. Add apple cider vinegar and honey. Stir to combine.
- **9.** Slowly add the hot water and stir, allowing the flavors to mix.
- **10**. Taste, adding more of any ingredient desired.





©2023 NAMAWELL LLC I ALL RIGHTS RESERVED